

# HERBALIFE GELS – VIEWVITA

Savor the Joy of Wellness: Where Delicious Meets Nutrition!



SKU: 376K

## Ingredients:

**Fish** oil concentrate, sweetener (xylitol), water, sweetener (sorbitol), gelatine, lutein and zeaxanthin mixture, acidity regulator (trisodium citrate), natural flavourings, acidity regulator (citric acid), zinc bisglycinate, antioxidant (ascorbic acid), Vitamin A (retinyl palmitate), colour (beta-carotene).

Allergy advice: for allergens, see ingredients in **bold**.

## Nutritional Information

Serving Size: 1 chewable gel		
Servings per Container: 30		
	Per 1 chewable gel	% RI*
<b>VITAMINS &amp; MINERALS</b>		
Vitamin A	120 µg RE	15 %
Zinc	1.5 mg	15 %
<b>OTHER SUBSTANCES</b>		
Omega-3 fatty acids	335 mg	
of which:		
Eicosapentaenoic acid (EPA)	50 mg	
Docosahexaenoic acid (DHA)	250 mg	
Lutein	10 mg	
Zeaxanthin	2.0 mg	

\* Reference intake

A delicious chewable supplement, enriched with lutein and zeaxanthin, to support your vision<sup>1</sup>. It can also help to protect the cells from oxidative stress<sup>2</sup> and support normal brain function<sup>2,3</sup>.

## KEY BENEFITS AND FEATURES

- Contains Lutein and together with Zeaxanthin to increase retinal Macular Pigment Optical Density (MPOD)<sup>4</sup>, which may help safeguard your eyes against potentially harmful blue light<sup>5</sup>, helping to maintain ocular health during ageing, and providing nutritional ocular support. Cognitive benefits are also seen, including improved visual processing speed, spatial memory<sup>6</sup>, complex attention, and cognitive flexibility<sup>7</sup>.
- Contains vitamin A, contributing to normal vision
- Contains DHA, contributing to normal vision, normal brain function
- Contains zinc, contributing to normal vision, protecting cells from oxidative stress<sup>2</sup> and support normal metabolism of vitamin A.
- Delicious Berry Citrus Blast Flavour
- Sugar-free
- Gluten-free
- Contains natural colour and flavours

## USAGE

Take one chewable gel per day.

Use this product within a balanced and varied diet, as part of a healthy active lifestyle.

NOTICE: Do not exceed the recommended daily intake. Food supplements are intended to supplement the diet and should not be used as a substitute for a varied and balanced diet and a healthy lifestyle. Keep out of reach of young children.

<sup>1</sup>Contains Zinc, DHA and vitamin A, which contribute to maintenance of normal vision

<sup>2</sup>Contains Zinc, contributing to normal vision, protecting cells from oxidative stress and support normal metabolism of vitamin A.

<sup>3</sup>The beneficial effect is obtained with a daily intake of 250 mg of DHA.

<sup>4</sup>Benefit may not be seen by those with an already adequate MPOD level already at or above a score of 0.5.

<sup>5</sup>Sun is a natural source of blue light, while traditional bulbs, fluorescent & LED lights would be considered artificial sources.

<sup>6</sup>Result typically seen in younger population (18–30 years old) after 12 months intake of 10 mg lutein plus 2 mg zeaxanthin daily based on clinical trial results

<sup>7</sup>Result typically seen after 12 months intake of 10 mg lutein plus 2 mg zeaxanthin daily based on clinical trial results